

“The Prayer for the Pillar of Light” Guidebook



Project Golden Apple

Introduction to “Apple-chan”

We want to introduce Apple-chan, the mascot of Project Golden Apple.

“Apple-chan” loves Mother Earth with all his heart. That’s why he is praying with deep gratitude for Mother Earth, who is now hurting.

Recently, he and his friends have also begun a new prayer: “May the Pillars of Light be raised around the world!”

This book shares the meaning of the Prayer for the Pillar of Light and some important things we hope you’ll understand before joining us in prayer.



Table of Contents

| | |
|--|----|
| Introducing “Apple-chan” | 3 |
| Before You Raise a Pillar of Light | 6 |
| ◆ The Physical World and the Spirit World | 6 |
| ◆ We Are All Children of God | 7 |
| ◆ What Is a Pillar of Light? | 7 |
| ◆ More and More People Are Falling into Hell | 8 |
| ◆ “Climb Up This Path and Come Back Home” | 8 |
| ◆ We Want to Dissolve the Realm of Hell | 9 |
| ◆ The Earth’s Cycles | 10 |
| ◆ Conditions for Stepping Up | 10 |
| ◆ Negative Thoughts and Natural Disasters | 12 |
| ◆ Finding Your Way Amidst Chaos | 12 |
| ◆ The Power of Prayer | 13 |
| Let’s Raise Pillars of Light Together | 14 |
| (1) Preparing Your Heart | 15 |
| ◆ A Collaboration Between Heaven and Earth | 15 |
| ◆ Prayer Is Not About Form | 15 |
| ◆ Let Go of Attachment to Results | 16 |
| (2) How to Pray – Step by Step | 16 |

| | |
|--|----|
| a. Preparation in Advance | 16 |
| b. Choosing Time and Place | 16 |
| c. Magnetic Field Alignment (Becoming One with the Earth) | 17 |
| d. The Prayer Itself | 17 |
| e. Additional Notes | 18 |
| (3) Points of Caution | 19 |
| (4) Remote Prayers | 20 |
| (5) Reinforcement Prayers | 20 |
| (6) Q&A | 21 |
| From “Gratitude to the Earth” to the “Pillar of Light” | 24 |
| ◆ The Prayer for the Pillar of Light and Earth’s Ascension | 24 |
| ◆ Transforming the Earth into a Planet of Love Through a Grid of Light | 24 |
| ◆ The Prayer of Gratitude to the Earth | 25 |
| Closing Words | 27 |





Before You Raise a Pillar of Light



Before raising the Pillar of Light, we would like to share some fundamental spiritual knowledge related to it.

◆ The Physical World and the Spirit World

Our true essence is the soul—a being with an everlasting life. We journey back and forth between the Physical World (the Third Dimensional World) and the afterlife (the Spirit World) many times to learn the meaning of love.

When we die, we shed our physical bodies and return to the Spirit World. The Spirit World is structured in layers, from the Fourth to the Ninth Dimension, and where we return after death depends on how deeply we learned and lived love in this life.

The Law of Attraction (“Birds of a feather flock together”) is evident in the Spirit World. Souls are drawn to realms that match the refined vibrations of their love—those who are similar gather in the same realm.

Those who have cultivated the deepest and most refined vibrations of love dwell in the Ninth Dimensional Spirit World. On the other hand, souls who have lived in ways far removed from love find themselves in the realm of the Fourth Dimension, often called the Hell Realm.

This is not a judgment passed by God, saying “You must go here.” Rather, as children of God, we are guided by our own conscience. Each soul is drawn, by its own free will and the results

of its life choices, to the realm that reflects its inner state.

◆ We Are All Children of God

The Hell Realm is a place where souls reflect on their past actions. When someone sincerely reflects and rediscovers love within their heart, they can rise out of that suffering in the Hell Realm and return to Heaven—a realm that exist above the Fourth Dimensional Spirit World.

Why is this possible? Because we are all children of God.

God is the energy of love that fills the entire universe. We were created by receiving a portion of that energy of love from God. Even those souls who now dwell in the Hell Realm are, in truth, made of love.

Before they were born into this Physical World, they lived in Heaven and came down to Earth from that sacred place.

Being in the state of a “Hell spirit” simply means they have temporarily lost their way and strayed from the path of divine love. But even they are still children of God. When a soul reflects and cleanses the stains upon its heart, its true divine light—the radiant soul of a child of God—will once again shine brightly.

◆ What Is a Pillar of Light?

The Pillar of Light is a spiritual pathway that penetrates all dimensions, from the Third Dimensional World to the Spirit World. Though it cannot be seen with the physical eyes, once we leave our physical bodies behind and exist only as souls, anyone can

see it clearly.

The Pillar of Light connects the Earth, the Hell Realm, and Heaven. It serves as a guiding path—a spiritual beacon—for all souls to return to Heaven and ultimately, to the presence of God.

◆ **More and More People Are Falling into Hell**

When the physical body dies, if a person has lived a life in alignment with true love, their soul can return smoothly from the Physical World to Heaven. Even without the Pillar of Light, they can return to the Spirit World they originally came from. If they have completed the lessons they chose for this lifetime, they may even return to the higher Dimension than before.

However, in the current state of the world, many souls fall into the Hell Realm because, during their time on Earth, they drift far from love in their thoughts and way of life. Some souls, believing “death is the end” or “there is no afterlife,” do not even realize they have died. They remain wandering the Earth, still attached to the Physical World. Others are bound by strong earthly attachments and cannot return to the Spirit World at all.

Spiritual beings in the Heavenly World wish to gently call to them, saying: “Come home... return to the light.” However, under the Law of Attraction, it is difficult to lift such souls up to the higher realms unless their vibration begins to change.

◆ **“Climb Up This Path and Come Back Home”**

By raising the Pillars of Light, we can gently call out to wandering

spirits—such as earthbound spirits or those in the Hell Realm—saying: “The world of God is over here. Come home. Climb up this way.”

The Pillar of Light radiates God’s love and warm divine light. When spirits in the Hell Realm are touched by this light, they may suddenly remember: “Ah... this feels familiar. My true home is over there.” “I am a child of God.”

This realization is a turning point. Ultimately, each soul has free will, but once they awaken, they can gently and naturally ascend back to Heaven through the Pillar of Light.

God deeply loves all of His children and desires to lead every soul back to Heaven. The Pillar of Light exists as a pathway of rescue for those who have lost their way and fallen into the Hell Realm.

In fact, since the Pillars of Light began being formally established around 2009, the number of souls in the Hell Realm has significantly decreased, and many wandering spirits on Earth have been guided and saved.

However, even now, many souls continue to fall into the Hell Realm, and numerous Hell spirits who actively cause harm to people still remain. For this reason, the Hell Realm still exists to this day.

◆ **We Want to Dissolve the Realm of Hell**

In the Ninth Dimensional Spirit World, there exist great spiritual beings who have guided humanity throughout history—such as Yahweh, Allah, Buddha, Jesus Christ, and Confucius. The realms above the Sixth Dimensional Spirit World are collectively referred to as the Heavenly World. At this time, the divine beings of the

Heavenly World—led by those of the Ninth Dimension—are working to rebuild Earth and guide it toward a new spiritual stage by raising the Pillars of Light across the globe. One of the most important steps toward this goal, as we will explain later, is the dissolution of the Hell Realm.

The divine beings of Heaven seek to rescue the souls trapped in darkness and to dissolve the greatly expanded Hell Realm by establishing as many Pillars of Light as possible around the Earth.

◆ The Earth's Cycles

Why is it necessary to dissolve the Hell Realm now?

In truth, the universe is filled with far more stars and planets than we can imagine—many of which are home to human civilizations. On numerous planets, souls have progressed far beyond Earth in their understanding and practice of love. Many have already awakened to love, moving beyond war and ego-based conflict.

By contrast, Earth has long been a planet in its early stage of learning about love—a kind of spiritual “elementary school.” However, the divine beings who watch over Earth now wish to help this planet shift from an elementary level to a middle-school level of spiritual evolution. This transformation is called Earth’s “Step-up.” At this very moment, Earth is entering a critical period in which this Step-up has become possible.

◆ Conditions for Stepping Up

For Earth to undergo the Step-up, three key conditions must be

fulfilled.

First, Earth must enter the Age of Aquarius. This is a period in the cosmic cycle during which spiritual evolution is supported by the energies of the universe. It is said that this era began sometime after the year 2000, bringing a tailwind for spiritual awakening on Earth.

Second, the Divine Spirits of Earth must wish to move to the next stage.

The planet Earth is inhabited by a paired consciousness: a masculine consciousness named Terra and a feminine consciousness named Gaia. These two consciousnesses—together known as the Divine Spirits of Earth—strongly desire for Earth to evolve to the next level.

Finally and most importantly, human consciousness must awaken. Human beings must come to recognize this truth: “Each person is a child of God, an everlasting soul, who reincarnates on Earth.” Though the higher spirits of the Ninth Dimension have long guided humanity in many ways, mankind has not yet fully awakened to this fundamental truth. But without this awakening, Earth’s Step-up cannot happen. And as long as the vast Hell Realm remains as it is, this planetary evolution is impossible.

In the greater cosmos, there are already many planets that have successfully stepped up. On such planets, the Hell Realm no longer exists, because all souls live in alignment with divine love. The divine beings of the Heavenly World earnestly hope that as many Hell spirits as possible will be rescued, and that all of humanity will awaken to their true nature as children of God.

◆ Negative Thoughts and Natural Disasters

The Pillars of Light serve yet another important purpose. When large numbers of people pass away at once due to natural disasters, the Pillars provide a pathway to help their souls return smoothly to the Spirit World.

Today, we are witnessing an increase in natural disasters on a global scale, and it is said that such events will continue to grow in frequency and intensity. Natural disasters are, in fact, part of Earth's self-purification process. As seen in the expansion of the Hell Realm, negative thoughts—those that go against love—are swirling in darkness like tumors upon the planet, causing suffering for the Divine Spirits of Earth.

These accumulated energies burden the planetary spirits of Earth, and in response, Earth begins to shake itself, attempting to cast off the dark thoughts. This is what we refer to as natural disasters.

Before Earth can ascend to a higher stage, it must release all the negative energies that have built up over time. These disasters are not random tragedies; they are the consequences of humanity's own actions and behaviors, a reaping of the karmic seeds we ourselves have sown.

◆ Finding Your Way Amidst Chaos

When a natural disaster occurs, both people who live with good intentions and those who don't may suddenly leave their physical bodies all at once. In moments of fear and confusion,

a strong spiritual magnetic field can form, and even those who should be able to return to Heaven may lose their way.

During such chaotic events, negative thoughts and emotions—like believing “There is no God,” or feelings of ego, distrust, and anger—can build up as energy that goes against love. Some people may even start resonating with the energy of Hell spirits and end up being pulled into the Hell Realm.

If that happens, the Hell Realm will only grow larger. That's why the divine beings of the Heavenly World want to establish the Pillars of Light all over the world—to prevent this kind of confusion and spiritual misguidance.

◆ The Power of Prayer

Some may say, “Prayer doesn't change reality,” or “Action is more important than prayer.” But such views come from not truly understanding what prayer really is.

Prayer holds great power. Through prayer, reality can be transformed. And in fact, praying is a form of action in itself. In reality, our prayers have raised the Pillars of Light, bringing salvation to many.

A prayer of love is light—it shines with a golden hue. If we continue to send out such prayers of love, we can even dispel the dark waves of negative thoughts. The Prayer for the Pillar of Light is an activity dedicated to purifying the Earth through the power of prayer.



Let's Raise the Pillars of Light Together



To raise the Pillars of Light, it is essential that we on Earth first understand what the Pillar of Light is, why we raise it, and the divine plan from the Heavenly World behind it. This basic understanding is the foundation.

Prayer, as a spiritual act, can be powerful—but if directed the wrong way, it can also carry risks. To avoid this, it is important to learn and cultivate sound spiritual knowledge.

A Pillar of Light functions like a spiritual elevator that connects the Physical World with the Spirit World. The act of raising the Pillars of Light is a collaborative effort between humans on Earth and beings in the higher realms to create a current of energy through which wandering spirits can return to the Spirit World.

To raise the Pillar of Light, at least three people must gather and pray at the chosen site. When three or more individuals who are aligned with divine love come together, a magnetic field is formed that mirrors the vibration of the Heavenly World. These people serve as conduits, allowing divine energy to be drawn from above, and the Pillar of Light rises instantly from Earth to the Heavenly World.

Once raised, the Pillar of Light radiates divine vibrations that pierce through both Heaven and Earth. However, to raise such a Pillar of Light, the right spiritual mindset, proper preparation, and sincere prayer are all required.

(1) Preparing Your Heart

◆ A Collaboration Between Heaven and Earth

No matter how much the spirits of the Heavenly World may wish to establish a Pillar of Light, they cannot do it alone. Likewise, no matter how earnestly people on Earth may desire to raise a Pillar of Light, they cannot accomplish it by themselves. Creating a Pillars of Light is a sacred collaboration between the spirits of the Heavenly World and human beings on Earth.

Through the Law of Attraction, it is only when both sides are united in purpose and frequency that a Pillar of Light can rise to connect Heaven and Earth. That is why a heart filled with love and attuned to the Heavenly World is essential in this work.

As instruments of the Divine, we must pray with humility and a pure heart, free from selfish desires, anger, or ego. If such thoughts arise, we must reflect upon them and cleanse ourselves through sincere introspection. Only with a clear and focused spirit can we truly participate in this sacred task.

◆ Prayer Is Not About Form

The thoughts and intentions we send out are expressed as energy. So, no matter how often we recite words of prayer on the surface, if they lack genuine heartfelt intent, they are powerless and meaningless.

What truly matters is praying from the heart—with love—for the happiness and well-being of others.

It is important to align ourselves with the wish of the Heavenly World to save as many people as possible through the Pillars of Light, and to offer ourselves in service to that sacred mission.

There is no need to cling to specific methods or formalities.

◆ **Let Go of Attachment to Results**

Whether or not a Pillar of Light has been raised is not something visible to the naked eye. You may find yourself wondering if it really worked—but becoming fixated on the outcome serves no purpose. There are times when a pillar may not form, due to various reasons, such as unsuitable magnetic fields in the area.

However, even if a pillar does not visibly manifest, your prayer—offered with love from the depths of your heart—still sends a powerful current of love into this world. It is never wasted. The beings of the Heavenly World are not concerned with the results themselves. What brings them joy is simply that you are praying for the happiness of others.

(2) How to Pray – Step by Step

a. Preparation in Advance

Before you begin, please take time to read through this booklet carefully and gain a solid understanding of the thoughts of the Heavenly Realm, and the meaning and purpose of the Pillars of Light.

b. Choosing Time and Place

Choose a location with the most harmonious spiritual magnetic field possible. Ideal places include shrine or temple grounds, churches, natural surroundings, or peaceful parks—anywhere you can focus and pray in peace. Busy urban areas often have disrupted magnetic field, making it harder to establish a pillar. If such a location is chosen, it is best to pray with as many people as possible.

In principle, the Prayer for the Pillar of Light should be performed during the daytime.

c. Magnetic Field Alignment (Becoming One with the Earth)

The most important element in aligning the spiritual magnetic field is for participants to unite with heartfelt gratitude toward the Earth. Begin by offering the “Prayer of Gratitude to the Earth.” We are one family, living on this Earth.

Take a moment to appreciate the wind, the water, the trees, the beauty of nature, and the gift of your physical body. Feel yourself as one with the Earth and all beings who share life upon it.

d. The Prayer Itself

Focus and pray for about three minutes.

In your heart, you may say prayers such as:

“May the Pillar of Light be raised.”

“May Heaven and Earth be connected.”

“May a passage of light be formed, and may this Earth become

a divine planet.”

It helps to visualize the Pillar of Light clearly as you pray.

You may also offer thoughts such as:

“May the Earth be purified.”

“May the souls of many be saved.”

“May the divine plan of God be fulfilled.”

Prayer is a dialogue with the Divine, and what matters most is that you pray sincerely in your own words.

e. Additional Notes

If you are praying to raise the Pillars of Light within the grounds of a shrine or temple, please begin by offering a respectful bow at the main worship hall and say, “With your permission, we will now offer the prayer to raise a Pillar of Light here.” This is a simple act of courtesy, acknowledging that you are using sacred space. The actual Prayer for the Pillar of Light, however, is separate and directed toward the Heavenly World. It should last about three minutes.

Before you leave the ground, be sure to offer another bow and thank enshrined deity by saying, “Thank you for allowing us to offer our prayers hear.”

Please remember: the Prayer for the Pillar of Light is not directed toward the enshrined deity, but always to the Heavenly World—no matter where you are.

Also, note that the Pillar of Light may not necessarily be raised exactly where you are standing.

The Heavenly World will choose the most appropriate place within the area. It does not have to be right in front of the worship hall. You may move to a quiet, focused location nearby if needed.

(3)Points of Caution

Prayers should always be directed toward the Heavenly World. Never attempt to address earthbound spirits or spirits from the lower realms—for example, by saying things like, “Please return through this Pillar of Light.” Due to the Law of Attraction, focusing your thoughts on such spirits may attract them to you. This can result in spiritual attachment, energy depletion, physical ailments, or emotional instability. It is extremely dangerous.

Avoid praying in locations associated with tragedy or death, such as well-known suicide spots or places where horrific events occurred (for example, Tiananmen Square). In such places, spirits of the deceased may still linger and may attempt to cling to or possess the living. These areas often have extremely negative magnetic fields. Depending on the state of mind of the person praying, it is possible to unintentionally open a passage to the lower spiritual realms. For this reason, please do not attempt to raise the Pillars of Light in such locations.

Regarding the establishment of a Pillar of Light at a shrine or temple: Once the intention to pray is made, that information is perceived by the Spirit World. Very often, the deities of the shrine or the spirits of monks in the Spirit World begin to joyfully prepare the site and purify the area—even though we cannot see it with our physical eyes. For this reason, canceling the prayer at the last minute is considered disrespectful and should be avoided whenever possible.

(4) Remote Prayers

Prayer is a form of energy, and as such, it can reach any distance, no matter how far. When raising a Pillar of Light, it is essential to have at least three people physically present at the location. However, even those who cannot be there in person can still participate by offering prayers remotely at the same time, focusing their hearts and intentions toward the designated site. This combined spiritual effort amplifies the power of the prayer, enabling a stronger and more radiant Pillar of Light to be raised. This practice is known as “Remote Prayer.”

To encourage participation in remote prayer, it is helpful to announce the time and location of the pillar raising in advance, so that others may join in prayer from afar.

(5) Reinforcement Prayers

Once a Pillar of Light has been raised, it gradually becomes thicker as more souls are saved through it. On the other hand, if the pillar is left unused or the surrounding magnetic field becomes negative, it may weaken or even disappear over time. Therefore, it is important to revisit the site and offer the Prayer for the Pillar of Light again. This is known as a “Reinforcement Prayer.”

For a Reinforcement Prayer, it is not necessary to have three people present on site—one person is enough. Even if you cannot visit the location, you can still participate through remote prayer. When many people join in prayer at the same time, it strengthens the reinforcement and makes the pillar more resilient.

(6) Q&A



Q1. We would like to raise a Pillar of Light as a family of three. Can we count our child as one of the three participants?

A1. Yes, children can participate as full members starting from the age of five. Please be sure to explain the meaning of the Pillar of Light and how to pray in simple, gentle language that your child can understand.



Q2. After participating in a pillar raising for a whole day, I felt completely exhausted. Does that mean I prayed incorrectly?

A2. The Prayer for the Pillar of Light requires focus and energy, so it is quite natural to feel a pleasant sense of fatigue afterward. For this reason, attempting to raise 10 or even 20 pillars in a single day can lead to diminished focus—and in some cases, may result in no effective pillars being raised at all. It is important to pray with care and intention for each one, without overexerting yourself.



Q3. When I use spiritual vision, I can see the Pillars of Light. Their colors vary depending on the location. Why is that?



A3. The color of the pillar may differ depending on the spiritual guardian of the site—be it a shrine, temple, church, or natural location such as the sea. Each spiritual being expresses their own unique energy and personality through the pillar, which may appear in rainbow hues, gold, red, or other colors. These colors reflect the individuality of the heavenly beings guiding and protecting that space.

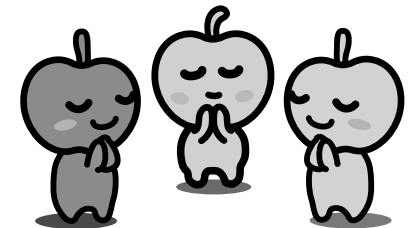


Q4. One of the members of our group is spiritually sensitive and says things like “The energy here feels off, so I don’t want to do this,” or “I can already see the pillar has been raised, so maybe we can stop praying.” What should we do in such cases?



A4. Even at shrines and temples, there may be areas where the energy is unbalanced. If someone in your group feels physically or emotionally uncomfortable—or if most of the group feels hesitant—do not force the

prayer. You may change the location or postpone the activity. Also, please make sure that the prayer lasts at least three minutes. If you stop too soon, the pillar may not stabilize properly. Sometimes, people overly rely on those with spiritual sight and ask whether the pillar has “already been raised.” This is not necessary. What matters most is not seeking visible results, but offering your heartfelt prayer with love, as a humble instrument of the Divine.





From “Gratitude to the Earth” to the “Pillar of Light”



The Pillar of Light Prayer and the Prayer of Gratitude to the Earth are both spiritual practices that infuse the Earth with healing energy, helping it become a vessel for the next stage of spiritual civilization.

Here, we explain the deeper meaning of these prayers.

◆ The Prayer for the Pillar of Light and Earth’s Ascension

As humanity’s consciousness is elevated, we will undergo a shift—physically and spiritually—toward a more refined vibrational state. This transformation is called “Ascension.” At the same time, Earth itself will rise in vibration, becoming more subtle and radiant. The Pillars of Light play an essential role in this planetary ascension process.

◆ Transforming the Earth into a Planet of Love Through a Grid of Light

As more and more Pillars of Light are raised across the planet, what begins as isolated “points” of light gradually become “lines.” Eventually, these lines intersect, forming a grid of light over the Earth.

Especially where the lines cross, the energetic force becomes strong—these intersections become powerful energy centers and

serve as spiritual circuits for Earth’s ascension.

Think of an apple pie. The apple inside represents the Earth, and the crisscrossed pie crust around it symbolizes the grid of light. Each segment formed by this lattice becomes a magnetic field of light. When this grid is complete, the Earth begins to shine with a golden radiance.

By continuing to raise Pillars of Light across the globe, we help transform the Earth into a “Golden Apple”—a luminous planet that radiates love and divine energy to the entire universe. This is the vision and purpose of the Prayer for the Pillar of Light.

◆ The Prayer of Gratitude to the Earth

In addition to the Prayer for the Pillar of Light, Project Golden Apple invites people around the world to offer a Prayer of Gratitude to the Earth at noon each day. This prayer is an expression of deep appreciation for the life and nourishment that Earth lovingly provides to us all.

Right now, the Earth is suffering due to the negative thoughts and selfish actions of humanity. The Prayer of Gratitude to the Earth is intended to help cleanse and heal the planet.

Unlike the Prayer for the Pillar of Light, which requires three people to be physically present to raise it, the Prayer of Gratitude to the Earth can be done alone, from anywhere. When people around the world pray at the same time—noon in their local time zones—the energy of those prayers aligns with the Earth’s rotation. This creates a wave of positive energy, like a golden mist, that spreads around the planet. Through continued daily prayer—repeated again and again, and

joined by more and more people—this golden energy grows stronger. Eventually, the Earth will be enveloped in a golden aura, cleansed and uplifted, ready for its ascension.

When humanity shares the same vision—a golden Earth—we can come together to bathe the planet in the light of our gratitude and purify the destructive energies we ourselves have created. This is the true purpose of the Prayer of Gratitude to the Earth.

It is especially meaningful to pray in nature—on mountains, by the sea, beside rivers or lakes—where the living spirit of Earth can be most deeply felt.





Closing Words



Prayer has power. Even if one person's effort is small, when three people come together, they can raise the Pillars of Light. Ten people can make an even stronger pillar than three, and twenty stronger than ten. The more people join in prayer, the more powerful the energy becomes. And when people return to the same place to pray again and again, the pillar becomes even stronger.

In this way, we can bring light to our towns, our countries, and the world.

The power of prayer goes beyond borders. No matter how far away you are, when you pray, we want to pray with you—for your country, your people, and our shared planet. Because we are all part of the same global family, living on this one Earth.

Right now, Earth is in a critical condition, deeply hurt by the negative thoughts and actions of humanity. It is our responsibility—as the ones who have harmed the Earth—to help heal it. Only we, who live here, have the energy to restore and cleanse the Earth.

Let us imagine the Earth shining like a golden apple, and come together as one humanity to pray for its revival.

For the future of our planet, and all life on Earth.

Project Golden Apple



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